

Show notes episode #2

<https://www.painconsortium.nih.gov/>

The History of Epidurals

MRI findings in the lumbar spines of asymptomatic elite Junior tennis players: G Rajeswaran et al. skeletal radiology 43(7) April 2014

<https://www.cathrynjakobsonramin.com/books>

Crooked: Outwitting the Back Pain Industry and Getting on the road to recovery, Cathryn Jakobson Ramin. HarperCollins 2017

N Engl J Med

1994 Jul 14;331(2):69-73. doi: 10.1056/NEJM199407143310201.

Magnetic resonance imaging of the lumbar spine in people without back pain

M C Jensen , M N Brant-Zawadzki, N Obuchowski, M T Modic, D Malkasian, J S Ross

Richard A. Deyo, "Magnetic Resonance Imaging of the Lumbar Spine. Terrific Test or Tar Baby?" New England Journal of Medicine 331, no. 2 (1994): 115–116, doi:10.1056/NEJM199407143310209.

Steven J. Atlas and Richard A. Deyo, "Evaluating and Managing Acute Low Back Pain in the Primary Care Setting," Journal of General Internal Medicine 16, no. 2 (2001): 120–131, doi:10.1111/j.1525-1497.2001.91141.x.

VA back pain algorithm

<https://www.va.gov/PAINMANAGEMENT/docs/BACKPAIN.pdf>

Staal JB, de Bie R, et al. Injection therapy for subacute and chronic low-back pain. Cochrane Database of Systematic Reviews 2008, Issue 3, Art # CD001824.

Pain Physician

. Mar-Apr 2009;12(2):399-418.

Evaluation of sacroiliac joint interventions: a systematic appraisal of the literature

Matthew P Rupert , Marion Lee, Laxmaiah Manchikanti, Sukdeb Datta, Steven P Cohen

Global Burden of Disease Study (recent)

<http://ghdx.healthdata.org/gbd-2019>

The Back Letter April 2013

<https://journals.lww.com/backletter/Citation/2013/04000/>

[Is Creativity in Back Pain Research in Short.6.aspx](#)

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Facebook <https://www.facebook.com/thebodyguitarclinic/>

Website <https://bodyguitar.com>

Linkedin <https://www.linkedin.com/in/drseanwheeler/>

Song: Chains by Deraj

Artist

<https://artist.io/song/64229/chains>